



Sefton Council



METROMAYOR
LIVERPOOL CITY REGION

BE MORE
SKILLED



Adult Course Guide

SUMMER 2026

Creative Industries/Health & Wellbeing

Digital Skills

Education and Training/Employability

English, Maths & ESOL

Family Learning

Construction

Find courses that inspire you, support you, and help you achieve your goals.

 @learnworksefton

 www.facebook.com/LearnWorkSefton

 0151 934 4546



Unlock your Potential with Sefton Community Learning Service!

We are proud to be funded by the Liverpool City Region Combined Authority (LCRCA) to deliver exciting learning opportunities for adults aged 19+ across the region.

Whether you are looking to boost your skills, build confidence, or take the next step in your journey - we've got something for you!

Why Learn with Us?

Inspiring Courses

Explore a wide range of engaging courses designed to help you grow, thrive, and succeed.



Expert Tutors Who Care

Our passionate, qualified tutors bring energy and expertise to every session. They are here to support you every step of the way.



Tailored Support

Need a little extra help? We offer personalised support, resources, and reasonable adjustments for learners with disabilities or additional needs.



We will offer you confidential and impartial Matrix accredited information, advice and guidance (IAG) throughout your learning journey. This includes:

- Impartial advice to identify the right course for you and setting of suitable learning targets
- Advice and support to overcome barriers to learning
- Impartial information, advice and guidance (IAG) about progression opportunities. This includes information of further learning opportunities within our Service or with other learning

providers, or to move onto paid employment or volunteering

- Details of organisations that can provide you with specialist impartial IAG

Financial Help Available

You might be eligible for help with transport and stationery costs if you are:

- Aged 19 or over
- Studying a Level 3 qualification or below
- Experiencing financial hardship (proof of low income may be required)



Just ask your tutor at the start of your course for details!

Our Learning Centre

Step into a modern, welcoming space equipped with:

- Free internet stations and adjustable tables
- Accessible facilities
- An Immersive Interactive room to enhance your learning experience



Summer 2026 Course Fees – Learn More for Less!

GREAT NEWS - many of our courses are completely FREE!

Your first course comes with a small fee of just £10, and if you are ready to keep learning, additional or intermediate-level courses are only £37.50 (unless stated otherwise).

Please note: Returning learners can't re-enrol on courses they have already completed - but there are plenty of new options to try!

Explore Our Courses

ESOL, English & Maths

Build essential skills for everyday life and work.

Courses available from Entry Level to Level 2 - perfect for all learners!

Creative Industries, Health & Wellbeing

Short, inspiring courses to help you:

- Learn something new
- Boost your confidence
- Improve your wellbeing

These are great stepping stones to further learning and qualifications.

Digital Skills

Get confident with technology!

Learn how to use digital tools for life, work, and more - and prepare to progress to a recognised qualification. Free Microsoft Office 365 available on selected courses.

Education & Training

Ready to take your career to the next level?

These courses help you develop the skills employers are looking for, improve your job prospects, and even prepare you for promotion.

Some courses have entry requirements - our friendly Admin. Team is happy to help with any questions.

Family Learning

Fun and practical courses for parents, grandparents, guardians, and carers.

Learn independently or alongside your children (WFL) to support their physical, social, literacy and numeracy development.

Important Info

We have worked hard to make sure this course listing is accurate and up to date.

However, Sefton Community Learning Service reserves the right to revise, change, postpone, or cancel courses if needed.

Course Guide

Summer 2026



Sefton Community
Learning Service

Sefton Council 

Creative Industries/Health & Wellbeing



Course Title	Start Date	Weeks	Day	Time(s)	Cost
Uke & You: A Beginner's Guide to Ukulele	13/04/2026	5	Mon	10:00am - 12:00pm	£10.00
To Be or Not to Be - A First Look at Philosophy	13/04/2026	5	Mon	10:00am - 12:00pm	£10.00
Decoupage Magic: Transform Everyday Items into Art	13/04/2026	5	Mon	1:00pm - 3:00pm	£10.00
Hooked - A Mindful Crochet Journey for Beginners	13/04/2026	5	Mon	6:00pm - 8:00pm	FREE
Strum & Sound - Your First Steps with Guitar	13/04/2026	5	Mon	6:00pm - 8:00pm	£10.00
Sculpt & Create: Exploring Air - Dry Clay for Beginners	14/04/2026	5	Tue	10:00am - 12:00pm	£10.00
Draw Your Pets in Pastel: Creative Portrait Skills for Beginners	14/04/2026	5	Tue	10:00am - 12:00pm	£10.00
Taste of Thailand: An Introduction to Thai Cookery & Level 2 Food Safety	14/04/2026	10	Tue	10:00am - 12:00pm	£10.00
The Evolution of European Architecture: An Introductory Study	14/04/2026	5	Tue	1:00pm - 3:00pm	£10.00
Flavour Meets Level 2 Food Safety: Mediterranean Cooking a Beginner's Journey	15/04/2026	10	Wed	10:00am - 12:00pm	£10.00
Stitched Stories: Japanese Inspired Boro Bags for Beginners	15/04/2026	5	Wed	10:00am - 12:00pm	£10.00
Art in Action: Discovering Acrylics for Beginners	15/04/2026	5	Wed	12:30pm - 2:30pm	£10.00
Sustainable Style: Transform Your Clothes with Visible Mending	15/04/2026	5	Wed	1:00pm - 3:00pm	FREE
Creative Knotting: A Mindful Introduction to Macramé	16/04/2026	5	Thu	10:00am - 12:00pm	FREE

Creative Industries/Health & Wellbeing



Course Title	Start Date	Weeks	Day	Time(s)	Cost
Art in Action: Drawing for Beginners	17/04/2026	5	Fri	10:00pm - 12:00pm	£10.00
Kings, Conflict & Controversy: From Richard III to William III	17/04/2026	5	Fri	10:00am - 12:00pm	£10.00
Hand Sewing Made Simple: Zips, Hems, Buttons & Essential Repairs	17/04/2026	5	Fri	10:00am - 12:00pm	£10.00
Liverpool in the 1700s: A Port on the Rise	17/04/2026	5	Fri	12:30pm - 2:30pm	£10.00
Handmade Harmony: Candle & Diffuser Creations for Beginners	11/05/2026	5	Mon	12:30pm - 2:30pm	FREE
Creative Cards: Unlocking the Art of Mindful Paper Craft	01/06/2026	5	Mon	10:00am - 12:00pm	FREE
Mindful Meditations: Finding Peace in the Present	01/06/2026	5	Mon	10:00am - 12:00pm	FREE
Uke & You: A Beginner's Guide to Ukulele	01/06/2026	5	Mon	1:00pm - 3:00pm	£10.00
Strum & Sound - Your First Steps with Guitar	01/06/2026	5	Mon	6:00pm - 8:00pm	£10.00
Stitch by Stitch: A Gentle Introduction to Mindful Embroidery	01/06/2026	5	Mon	6:00pm - 8:00pm	FREE
Pastel Basics: Learn to Blend, Shade & Create	02/06/2026	5	Tue	10:00am - 12:00pm	£10.00
Streets, Skylines & Stories: Exploring Liverpool's Architecture	02/06/2026	5	Tue	10:00am - 12:00pm	£10.00
Piece by Piece: An Introduction to Patchwork and Quilting	03/06/2026	5	Wed	10:00am - 12:00pm	£10.00
First Strokes: Exploring Watercolours for Beginners	03/06/2026	5	Wed	12:30pm - 2:30pm	£10.00
Green Choices, Real Change: Sustainability That Matters	04/06/2026	5	Thu	10:00am - 12:00pm	FREE
Art in Action: Drawing for Beginners	05/06/2026	5	Fri	10:00am - 12:00pm	£10.00
Hidden Histories of Our Canals: Industry, Innovation, and Impact	05/06/2026	5	Fri	10:00am - 12:00pm	£10.00
Thread & Pedal: Your First Steps with a Sewing Machine for Beginners	05/06/2026	5	Fri	10:00am - 12:00pm	£10.00

Creative Industries/Health & Wellbeing



Course Title	Start Date	Weeks	Day	Time(s)	Cost
Steam, Ships & Streets: How Industry Transformed Liverpool	05/06/2026	5	Fri	12:30pm - 2:30pm	£10.00

Scan to hear what Carol had to say about their course



These courses are a great stepping stone to accredited qualifications! See pages 7 and 8

Digital Skills



During the first session of the Digital Functional Skills and Digital Award in Progression courses, you will complete a short initial assessment to ensure you are enrolled at the correct course level.

Course Title	Start Date	Weeks	Day	Time(s)	Cost
Microsoft Office for Beginners	14/04/2026	5	Tue	10:00am - 12:00pm	FREE
Microsoft Office Next Steps	14/04/2026	5	Tue	1:00pm - 3:00pm	FREE
Get Digital! Essential Digital Skills for Life, Work & Beyond Level 1	15/04/2026	10	Wed	10:00am - 2:30pm	FREE
Using Word (Entry 3 Award in Progression)	16/04/2026	6	Thu	10:00am - 12:00pm	FREE
Digital Photography Through the Seasons	16/04/2026	5	Thu	10:00am - 12:00pm	FREE
Online Safety	16/04/2026	5	Thu	1:00pm - 3:00pm	FREE
Photo Editing for Beginners	16/04/2026	5	Thu	1:00pm - 3:00pm	FREE
Introduction to Canva for Graphic Design	17/04/2026	5	Fri	10:00am - 12:00pm	FREE
Computers for Beginners	17/04/2026	5	Fri	1:00pm - 3:00pm	FREE

Digital Skills



Course Title	Start Date	Weeks	Day	Time(s)	Cost
Microsoft Office Next Steps	02/06/2026	5	Tue	10:00am - 12:00pm	FREE
Computers for Beginners	02/06/2026	5	Tue	1:00pm - 3:00pm	FREE
Managing Files and Folders	04/06/2026	5	Thu	10:00am - 12:00pm	FREE
Repairing and Mending Photographs	04/06/2026	5	Thu	10:00am - 12:00pm	FREE
Photo Editing Next Steps	04/06/2026	5	Thu	1:00pm - 3:00pm	FREE
Beginners Spreadsheets	04/06/2026	5	Thu	1:00pm - 3:00pm	FREE
The Technology Shaping Our World	05/06/2026	5	Fri	10:00am - 12:00pm	FREE
Internet & Email Essentials: A Beginner's Guide	05/06/2026	5	Fri	1:00pm - 3:00pm	FREE

Scan to hear what Peter had to say about their course



Interested in Construction or DIY?
Turn to page 11

Education and Training/Employability



Course Title	Start Date	Weeks	Day	Time(s)	Cost
Building a Brighter, Healthier You - Level 1 Award	13/04/2026	5	Mon	10:00am - 12:00pm	FREE
Level 1 Award in Introduction to Forest School & Level 1 Safeguarding	15/04/2026	10	Wed	10:00am - 1:00pm	FREE
Move Better, Live Better: Improve Your Fitness with Purpose Entry 3	01/06/2026	5	Mon	10:00am - 12:00pm	FREE

Education and Training/Employability



Get ready to boost your career - our exciting new qualification courses launch soon!

Level 1 Award in Working in Adult Social Care

Level 1 Award in Customer Service

Level 1 Award in Preparing to Work in Schools

Recycle, Reuse & Level 1 Award in Preventing Plastic Pollution

Understanding Employment, Business and Enterprise- SOQ Level 1 Award

Understanding Safeguarding for Work, Education and Life- SOQ Level 1 Award

Phone 0151 934 4546 to register your interest.

Scan to hear what Laura had to say about their course



Feeling creative? Why not try one of our NEW craft courses? See pages 4 and 5

English, Maths & ESOL



Introductory and Functional Skills English, maths, and ESOL courses are available on various days and times. An Initial Assessment is required prior to attending a course. To book an appointment contact 0151 934 4546.

Course Title	Start Date	Weeks	Day	Time(s)	Cost
Understanding Different Types of Text	13/04/2026	6	Mon	1:00pm - 2:30pm	FREE
Introduction to Creative Writing	14/04/2026	6	Tue	1:00pm - 3:00pm	FREE
Functional Skills Maths Level 2 (initial assessment required)	15/04/2026	9	Wed	9:30am - 2:00pm	FREE
Functional Skills English Level 2 (initial assessment required)	16/04/2026	9	Thu	9:30am - 2:30pm	FREE

English, Maths & ESOL



Course Title	Start Date	Weeks	Day	Time(s)	Cost
Level 1 Award: Managing Personal Finance (based in Sefton@Work Southport)	11/05/2026	6	Mon	10:00am - 1:00pm	FREE
Creative Writing for Mental Health	02/06/2026	5	Tue	1:00pm - 3:00pm	FREE



“I enjoyed the Christmas atmosphere at school. This is a wonderful moment when school turns into home.”

These courses are a great stepping stone to accredited qualifications! See pages 7 and 8

Don't miss out - Enrolments open from the 13th of March! See back page for more details...

Family Learning



FL - Aimed at parents/carers, to develop their personal skills and to enable them to support children with their development.

WFL courses: Aimed to encourage adults and children (age 4-13), to learn together.

Course Title	Start Date	Weeks	Day	Time(s)	Cost
WFL Peep - Books and Beyond Toddler to Pre-School Early Literacy Development	13/04/2026	5	Mon	10:00am - 11:30am	FREE
Entry 3 Award - Food and Nutrition for Children	14/04/2026	5	Tue	9:30am - 11:30am	FREE
FL - Cooking Healthy Summer Family Meals	14/04/2026	5	Tue	1:00pm - 3:00pm	FREE
WFL - Explore Sefton Coast Wildlife Through Art and Crafts	14/04/2026	5	Tue	3:45pm - 5:15pm	FREE

Family Learning



Course Title	Start Date	Weeks	Day	Time(s)	Cost
FL - Party Crafts For Parents/Carers	15/04/2026	5	Wed	10:00am - 12:00pm	FREE
Entry 3 Award - Support Children in Family Learning	16/04/2026	6	Thu	9:30am - 12:00pm	FREE
Supporting your Child with Home Schooling - Forest School Activities	21/04/2026	5	Tue	9:45am - 11:45am	FREE
Level 1 Award - Using Craft Activities with Children and Young People	22/04/2026	5	Wed	10:00am - 12:30pm	FREE
WFL - Forest School Activities (Includes External Trip)	26/05/2026	1	Tue	9:30am - 3:30pm	FREE
WFL - Half Term Summer Crafts	26/05/2026	1	Tue	10:00am - 12:00pm	FREE
WFL - Half Term Summer Crafts	26/05/2026	1	Tue	1:00pm - 3:00pm	FREE
WFL - Afternoon Tea Cooking	27/05/2026	1	Wed	10:00am - 12:30pm	FREE
WFL - Afternoon Tea & Story Time	27/05/2026	1	Wed	1:00pm - 2:30pm	FREE
WFL Peep - Food for Life (age 6months - 4 years)	01/06/2026	5	Mon	10:00am - 11:30am	FREE
Level 1 Award - Making and Using Story Sacks to Support Children's Early Years/ KSI Reading	02/06/2026	6	Tue	9:30am - 12:00pm	FREE
WFL - Cooking Picnic Delights	02/06/2026	5	Tue	3:45pm - 5:15pm	FREE
FL - Craft Ideas to Support the Environment	03/06/2026	4	Wed	10:00am - 12:30pm	FREE
Level 1 Award - Using Craft Activities with Children and Young People	03/06/2026	5	Wed	10:00am - 12:30pm	FREE
FL ESOL - Baby Steps	Phone 0151 934 4546 to register your interest				

Scan to hear what Sam had to say about their course



These courses are a great stepping stone to accredited qualifications! See pages 7 and 8

Construction



Course Title	Start Date	Weeks	Day	Time(s)	Cost
Joinery DIY Making a Window Timber Box	20/03/2026	1	Fri	10:00am - 2:30pm	FREE
DIY Tiling a Wall	24/04/2026	1	Fri	10:00am - 2:30pm	FREE
DIY Prepare and Paint a Wall	19/06/2026	1	Fri	10:00am - 3:30pm	FREE
Prepare a Wall and Hang Wallpaper	17/07/2026	1	Fri	10:00am - 3:30pm	FREE
Joinery DIY Making a Window Timber Box	21/07/2026	1	Tue	10:00am - 2:30pm	FREE

Qualification pathway - learn essential practical skills and safety techniques for the industry while gaining three recognised qualifications upon completion.

Course Title	Start Date	Days	Time(s)	Cost
Level 1 Award in Building and Construction	06/04/2026	13	9:30am - 3:30pm	FREE
Level 1 Award in Building and Construction	14/05/2026	13	9:30am - 3:30pm	FREE
Level 1 Award in Building and Construction	01/06/2026	13	9:30am - 3:30pm	FREE
Level 1 Award in Building and Construction	29/06/2026	13	9:30am - 3:30pm	FREE

YOUTH GUARANTEE
Funded by UK Government

TRAILBLAZER@SEFTON.GOV.UK

0151 934 2610

Get hands-on with real tools, tech, and skills that actually matter. Whether you're into DIY, construction, customer service, or greenskills - we've got you covered.

LEARN BUILD LEVEL UP

We are a Children's University Learning Destination for Family Learning Programmes.

Enrolments open from the 13th of March!

Don't miss out.

Come along to one of our enrolment days...

13th March

10:00am - 4:00pm

16th March

10:00am - 4:00pm

READY TO JOIN? HERE'S HOW...

Enrol by phone: 0151 934 4546
Monday to Thursday 9:00 - 16:30
Friday 9:00 - 15:30

Enrol in Person:
Monday to Thursday 9:00 - 16:30
Friday 9:00 - 15:30

Before you start your course, you will need to attend 53 Cambridge Road, L21 1EZ to complete an

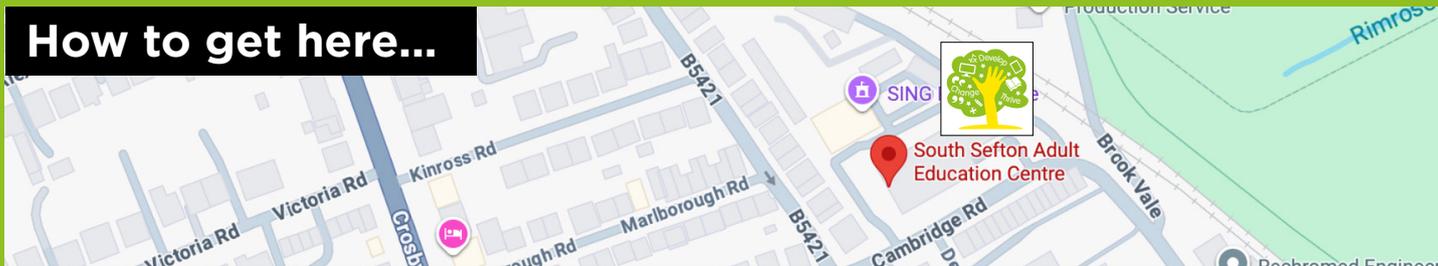
enrolment form 7 days prior to class start date and provide:

- Details of previously achieved qualifications (if applicable)
- Proof of address i.e. Driving License or recent utility bill
- If you are entitled to fee remission, proof of benefit or income
- Course Fee, to be paid at enrolment

Looking for more information email us on: communitylearningservice@sefton.gov.uk

Classes fill up quickly. Don't miss out!

How to get here...



Sefton Community Learning Centre, 53 Cambridge Road, Seaforth L21 1EZ

Local Bus - Number 53 bus stops outside and opposite the centre **Car parking** - Free car park for the use of visitors to the centre

