

Sefton Council's Healthy Green Homes Team may be able to help you make your home warmer and more energy efficient.

We may be able to help:

- 🏠 Repair/ replace a broken boiler
- 🏠 Insulate your home
- 🏠 Become more energy efficient
- 🏠 Offer smart meter advice
- 🏠 Access other advice agencies



Contact the Healthy Green Homes Team by phone or via email - **0151 934 2222** or **energy@sefton.gov.uk**

It is important that your home is warm because many health conditions such as Asthma, Arthritis, Strokes, Heart Attacks, COPD and Mental health conditions are made worse when living in a cold home.

Our partner Energy Projects Plus may be able to help:

- 🏠 Reduce/ clear fuel & water debt
- 🏠 Issue emergency top up fuel vouchers
- 🏠 Provide general energy efficiency advice and home visits

Contact Energy Projects Plus by phone or make a referral online using the link - **0800 043 0151** or **www.epplus.org.uk/referrals**

Top 10 Energy Saving tips

- 1. Insulation** - You could save money on your heating bills by installing cavity wall insulation and topping up the insulation in your loft.
- 2. Heating** - Turn down your thermostat by just 1°C and you'll cut your fuel bills by up to 10%. You'll notice the saving, but not the drop in temperature.
- 3. Hot Water** - Insulating your hot water cylinder with a lagging jacket should pay for itself in months!
- 4. Lighting** - Energy saving light bulbs last up to 10 times longer than ordinary light bulbs and save you money on your energy bills.
- 5. Cooking** - Keep a lid on the saucepan and only use just enough water to cover vegetables. Also using the microwave rather than the oven can save money too.
- 6. Kettle** - Don't over fill your kettle, only boil the water that you need.
- 7. Washing** - Washing at 30°C uses about 40% less electricity than at a higher temperature. Also, only switch on when machine is full.
- 8. Appliances** - Look out for the energy efficiency rating whenever you buy new appliances. "A" rated appliances are the most efficient and cheapest to run.
- 9. Turn it off** - Leaving appliances on standby costs GB nearly £1 billion worth of energy each year.
- 10. Curtain up** - Shutting the curtains, especially lined ones, will stop heat escaping through your windows.



**HEALTHY
GREEN
HOMES**

Sefton Council

