

Monday

9am - 5pm
Family Advice &
Guidance
Drop-in

SEN Support (Any Day
Helpline)

SEN & Inclusion Support
Service
Phone number listed in
session details (see
back of booklet)

Parenting Support
9.30- 10.30

Advice , guidance and
support for all the
family from the
Therapeutic Team
Fortnightly drop in

Tuesday

9am - 5pm
Family Advice &
Guidance
Drop-in

Mental Health Support
All day
Venus 1-1 Therapeutic
Sessions
Appointment Only

Sen Support
Making sense of my
world
7th July
12.30 -2.30
Advice, Guidance and
support from the
Therapeutic Team
Booking only

Wednesday

9am - 5pm
Family Advice &
Guidance
Drop-in

Mental Health Support
12pm-2pm
Cancer Navigator
Closed Group

Parenting Support
Bee Kind Parenting
1pm - 2:30pm
This is a 6 week parenting
course that aims to
further equip parents/
carers with knowledge and
practical strategies to
support their child's
emotional and
psychological well-being.

Thursday

9am - 5pm
Family Advice &
Guidance
Drop-in

Domestic Abuse Support
9am - 5pm
PCN ACES
Targeted Group
Booking required

Friday

9am - 5pm
Family Advice &
Guidance
Drop-in

10am - 11:30am
Tea & Toast
Drop-in

Activities for Children 0-5
Years
10am-11:30am
Little Explorers/ learning
together , including seasonal
activities for all.
Drop-in

Activities for Children 0-5
Years
12:00pm - 1:00pm
Messy Play
Drop-in
Alternate weeks
Starting the 17.04.26

Gardening club
April – September
plant, grow, cook and eat from
our very own
Edible Garden.

Caradoc Road, Seaforth L21 4NB | 0151 286 7807 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Sefton Family Hubs

Marie Clarke Family Hub

We are always here with a listening ear, any weekday

Monday

9am - 5pm

Family Advice & Guidance with essentials community shop/pantry Drop-in

Sefton CAMHS

9-5pm
(Closed group)

SEN Support

10am - 12pm
Riding the Rapids
This is a 10 week parenting course for parents of children and young people who have a diagnosis of Autism and/or learning disability.
Booking Required

Sefton welfare rights

9-5pm
(Book via 0151 934 3660)

Resettlement Team

2-4pm
(Closed group)

Tuesday

9am - 5pm

Family Advice & Guidance with essentials community shop/pantry Drop-in

Activities for Children 0-5

Years
10am - 11am
Baby Sensory
For babies 0-Crawling

Mental Health Support

Perinatal Mental Health Group
10-12pm
Closed group

Resettlement team

2pm- 4pm
Closed group

Domestic Abuse Support

6pm - 8pm
Caring Dads
Targeted group through Brighter Kinder Futures
Booking Required
brighterkinderfutures@sefton.gov.uk

Wednesday

9am - 5pm

Family Advice & Guidance with essentials community shop/pantry Drop-in

Domestic Abuse Support

9am - 5pm
PCN ACEs
Closed Group

Resettlement Team

2pm-4pm
Closed group

Career connect

12-4pm
(Closed group)

Thursday

9am - 5pm

Family Advice & Guidance with essentials community shop/pantry Drop-in

9am - 5pm

Sefton CAMHS
Appointment Only

Mental Health Support

MHM Support Group
12:30pm - 2:30pm
Closed Group

SEN Support (Any Day Helpline)

SEN & Inclusion Support Service

Phone number listed in session details (see back of booklet)

CGL - M-Pact course

3-8pm
(Closed group)

Friday

9am - 5pm

Family Advice & Guidance with essentials community shop/pantry Drop-in

Tea & Toast

Drop-in
9.15-10.15am

Incredible Years Course -

Venus

9-12pm
(Closed group)

Sefton welfare

9-5pm
rights (Book via 0151 934 3660)

Virtual Offer

- Information, Advice & Guidance
- Breastfeeding Support
- Parent Carer Panel

Linacre Lane, Bootle L20 5AQ | 0151 330 5260 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Sefton Family Hubs

Cambridge Family Hub

We are always here with a listening ear, any weekday

Monday

9am - 5pm
Family Advice &
Guidance
Drop-in

Sefton Parent Carers
Forum

9:30am - 2:30pm
Term time drop-in

Tuesday

9am - 5pm
Family Advice &
Guidance
Drop-in

Targeted Family
Support

PCN ACE's
9:00am - 7pm
Targeted Group
Referral only

Activities for Children

0-5 Years
Little Explorers
10am - 11:30am
/Learning Together

Wednesday

9am - 5pm
Family Advice &
Guidance
Drop-in

Sefton Parent Carers
Forum

9:30am - 2:30pm
Term time only
drop-in

Thursday

9am - 5pm
Family Advice &
Guidance
Drop-in

Baby Massage

9.15-10.15
Booking only

Targeted Family
Support

2pm-4pm
Adult ACEs
Targeted Group
Booking required

Friday

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Family Advice &
Guidance
Drop-in

SEN Support (Any
Day Helpline)

SEN & Inclusion
Support Service
Phone number listed
in session details
(see back of booklet)

Sefton Parent Carers
Forum

9:30am - 2:30pm
Term time drop-in

Cambridge Road, Bootle, L20 9LQ | 0151 282 5436 | Seftonfamilyhubdeliveryteam@sefton.gov.uk