

Sefton Family Hubs



Our Timetable
September - December
Support. Grow. Thrive.



Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9am - 5pm
Family Advice &
Guidance
Drop-in

11am - 1pm
Caring Dads
Targeted Group
through Brighter Kinder
Futures -
brighterkinderfutures@
sefton.gov.uk
(Temporary location in
Netherton until further
notice)

9am - 5pm
Family Advice &
Guidance
Drop-in

9am - 12pm
Well Baby Clinic
Appointment Only

10am - 11am
Sensory Baby
Drop-in

9am - 7pm
PCN ACE's
Targeted Group
Booking required

1pm - 5pm
C-Card Drop-in

1pm - 2pm
Chattertime
Booking required

9am - 5pm
Family Advice &
Guidance
Drop-in

12pm-2pm
Cancer Navigator
Closed Group

9am - 5pm
Family Advice &
Guidance
Drop-in

10am - 12pm
Riding the Rapids -
Primary
Targeted Group
Booking required

9am-7pm
PCN ACE's
Targeted Group
Booking required

9am - 5pm
Family Advice &
Guidance
Drop-in

10am-11:30am
Little Explorers/Peeps
(0-4)
Drop-in

Afternoon

Caradoc Road, Seaforth L21 4NB | 0151 286 7807 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9am - 5pm
Family Advice & Guidance
Drop-in

Healing Together 1-1
Targeted Group
Booking required

9am - 5pm
Family Advice & Guidance
Drop-in

9am - 5pm
Venus
Targeted Group

Healing Together 1-1
Targeted Group
Booking Required

9:30am - 11am
Youth Connect 5
In Transition
Targeted Group - Starting
April 2026

9:30am - 12pm
DWP Advice
Targeted Group

10am - 12pm
Incredible Years Course
Targeted Group

9am - 5pm
Family Advice &
Guidance
Drop-in

9am - 5pm
Venus
Targeted Group

Healing Together 1-1
Targeted Group
Booking required

9am - 7pm
PCN ACE's
Targeted Group
Booking required

9am - 5pm
Family Advice &
Guidance
Drop-in

9am - 5pm
Venus
Targeted Group

Healing Together 1-1
Targeted Group
Booking required

9am - 7m
CAHM's PCN
Targeted Group

10am - 12pm
Households into Work
Appointment Only
Runs bi-weekly

9am - 5pm
Family Advice &
Guidance
Drop-in

9:15am - 10:15am
Tea & Toast
Drop-in

9am - 5pm
Venus
Targeted Group

Healing Together 1-1
Targeted Group
Booking required

Linacre Lane, Bootle L20 5AQ | 0151 330 5260 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Monday

Tuesday

Wednesday

Thursday

Friday

Afternoon

1pm - 2pm
Bee Kind Parenting
Course
Booking required

2pm - 4pm
Resettlement Clinic
Drop-in

5pm - 8pm
Parent Carer Forum
Virtual Session

1:30pm - 2:30pm
Baby Rhyme Time
Drop-in

2pm - 4pm
Resettlement Clinic
Drop-in

3:30pm - 4:30pm
Gardening Club - Edible
Gardens
Drop-in
Runs September - October

1pm - 4pm
Career Connect
Booking required

5pm - 8pm
CGL M Pact Programme
Targeted Group

12:30pm - 2:30pm
Riding the Rapids
Targeted Group
Booking required

1pm - 2pm
Baby Massage
Booking required

1pm - 3pm
Volunteer Programme
Booking required

2pm - 4pm
Resettlement Clinic
Drop-in

3:30pm - 4:30pm
Little Chefs
Booking required

5:30pm - 8pm
Caring Dads
Targeted Group through
Brighter Kinder Futures -
brighterkinderfutures@sefton.
gov.uk

9am - 1pm
Peri Natal Group
Closed Group
Booking required

Virtual Offer
Information, Advice,
and Guidance

Breastfeeding
Support

Parent Carer Panel

Linacre Lane, Bootle L20 5AQ | 0151 330 5260 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Sefton Family Hubs

Cambridge Family Hub

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9am - 5pm
Family Advice &
Guidance
Drop-in

9:30am - 2:30pm
Sefton Parent Carers
Forum
Term time drop-in

9am - 5pm
Family Advice &
Guidance
Drop-in

9:30am - 7pm
PCN ACE's
Targeted Group
Booking required

9am - 5pm
Family Advice &
Guidance
Drop-in

9:30am - 2:30pm
Sefton Parent Carers
Term time drop-in

9am - 5pm
Family Advice &
Guidance
Drop-in

9am - 5pm
Family Advice &
Guidance
Drop-in

9:30am-2:30pm
Sefton Parent Carers
Forum
Term time drop-in

Afternoon

10am - 11:30am
Little
Explorers/Peeps (0-4)
Drop-in

3:30pm - 4:30pm
Art Attack
Ages 8 - 11
Drop-in
Runs October -
March

12:30pm-2:30pm
ACEs
Targeted Group
Booking required

Cambridge Road, Bootle, L20 9LQ | 0151 282 5436 | Seftonfamilyhubdeliveryteam@sefton.gov.uk