

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9am - 5pm
Family Advice & Guidance
Drop-in

SEN Support
10am - 12pm
Riding the Rapids
Booking Required

9am - 5pm
Family Advice & Guidance
Drop-in

Activities for Children 0-5 Years
10am - 11am
Sensory Baby

9am - 5pm
Family Advice & Guidance
Drop-in

9am - 5pm
Family Advice & Guidance
Drop-in

9am - 5pm
Family Advice & Guidance
Drop-in

9:15am - 10:15am
Tea & Toast
Drop-in

Afternoon

Targeted Family Support 0-5 Years
11:30am - 12:30pm
Baby Massage
Booking Required

Early Language Support
1:30pm-2:30pm
Baby Rhyme Time
Drop-in

Youth Offer
3:45pm - 5pm
Hub Club (After School)

Nutrition and Weight Management
3:30pm-4:30pm
Little Chefs

Domestic Abuse Support
5:30pm - 8pm
Caring Dads
Targeted Group through Brighter Kinder Futures
-
brighterkinderfutures@sefton.gov.uk
Booking Required

Virtual Offer

- Information, Advice & Guidance
- Breastfeeding Support
- Parent Carer Panel

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