

Sefton Family Hubs

Marie Clarke Family Hub

We are always here with a listening ear, any weekday

Monday

9am - 5pm

Family Advice & Guidance
with essentials community
shop/pantry
Drop-in

Sefton CAMHS

9-5pm
(Closed group)

SEN Support

10am - 12pm
Riding the Rapids
This is a 10 week parenting
course for parents of children
and young people who have a
diagnosis of Autism and/or
learning disability.
Booking Required

Sefton welfare rights

9-5pm
(Book via 0151 934 3660)

Resettlement Team

2-4pm
(Closed group)

Tuesday

9am - 5pm

Family Advice & Guidance with
essentials community
shop/pantry
Drop-in

Activities for Children 0-5

Years
10am - 11am
Baby Sensory
For babies 0-Crawling

Mental Health Support

Perinatal Mental Health Group
10-12pm
Closed group

Resettlement team

2pm- 4pm
Closed group

Domestic Abuse Support

6pm - 8pm
Caring Dads
Targeted group through
Brighter Kinder Futures
Booking Required
brighterkinderfutures@sefton.
gov.uk

Wednesday

9am - 5pm

Family Advice & Guidance
with essentials community
shop/pantry
Drop-in

Domestic Abuse Support

9am - 5pm
PCN ACEs
Closed Group

Resettlement Team

2pm-4pm
Closed group

Career connect

12-4pm
(Closed group)

Thursday

9am - 5pm

Family Advice & Guidance
with essentials community
shop/pantry
Drop-in

9am - 5pm

Sefton CAMHS
Appointment Only

Mental Health Support

MHM Support Group
12:30pm - 2:30pm
Closed Group

SEN Support (Any Day
Helpline)

SEN & Inclusion Support
Service

Phone number listed in
session details (see back of
booklet)

CGL - M-Pact course

3-8pm
(Closed group)

Friday

9am - 5pm

Family Advice & Guidance
with essentials
community shop/pantry
Drop-in

Tea & Toast

Drop-in
9.15-10.15am

Incredible Years Course -

Venus
9-12pm
(Closed group)

Sefton welfare

9-5pm
rights (Book via 0151 934
3660)

Virtual Offer

- Information, Advice & Guidance
- Breastfeeding Support
- Parent Carer Panel

Linacre Lane, Bootle L20 5AQ | 0151 330 5260 | Seftonfamilyhubdeliveryteam@sefton.gov.uk