Sefton Family Hubs

First Steps Family Hubs King's Meadow

Monday

Tuesday

Wednesday

Thursday

Friday

Ask us anytime about...

- Employability
- Parenting Advice
- Breastfeeding Support
- Early Help
- Domestic Abuse
- Welfare Advice



10am - 11am **Little Treasures**

Support your child's early learning through treasure baskets, songs and stories!

For birth to crawling **Drop-in**

10am - 12pm **Mini First Aid**

4th March 2026 £12 Booking Required

Learn all about baby and child's first aid, with techniques for what to do in an emergency. Including: CPR, choking, bumps, bleeding, breaks, burns, febrile seizures & meningitis awareness.

10am - 11am Stay and Play For 1 year + **Drop-in**

1:30pm - 2:30pm **Baby Massage** For 6wks - 6m 4-week course £10 Booking Required

1:30pm-2:30pm **Top Tots**

A physical, fun activity session to encourage large motor skills.

Drop-in

Saturday

10am - 12pm Dad's Club Fun, games & snacks

Drop-in Dates: 10/1, 24/1, 7/2

For 18 months +

Kings Meadow Primary School, Meadow Lane, Ainsdale, PR8 3RS | c.horton.fs@schools.sefton.gov.uk Call us to book your place on 01704 571 606





