

Sefton Family Hubs

First Steps Family Hubs King's Meadow

Monday

Activities for Children 0-5

Sling tots

1.00-2.00

Sling Tots is a feel-good, baby-wearing dance inspired movement class for parents who want to get moving with nostalgic music and make new friends. Move, laugh, smile and bond with your baby snuggled in a sling or carrier.

5 week course

£50 charge

Booking required via

<https://slingtots.tappytoes.com/>

Tuesday

Activities for Children 0-5

Little Treasures

10am - 11am

Support your child's early learning through treasure baskets, songs and stories!

For birth to crawling

Drop-in

Top Tots

1:30pm-2:30pm

A physical, fun activity session to encourage large motor skills.

For 18 months +

Drop-in

NO BOOKING REQUIRED

Wednesday

10am - 12pm

Mini First Aid

£12 Booking Required

Learn all about baby and child's first aid, with techniques for what to do in an emergency. Including: CPR, choking, bumps, bleeding, breaks, burns, febrile seizures & meningitis awareness.

Thursday

Friday

Activities for Children 0-5

10am - 11am

Stay and Play

For 1 year +

Drop-in

1:30pm - 2:30pm

Baby Massage

For 6wks - 6m

4-week course

£10 Booking Required

Saturday

10am - 12pm

Dad's Club

Fun, games & snacks

Drop-in every other week

- Commencing 18.04.2026

Kings Meadow Primary School, Meadow Lane, Ainsdale, PR8 3RS | c.horton.fs@schools.sefton.gov.uk

Call us to book your place on 01704 571 606