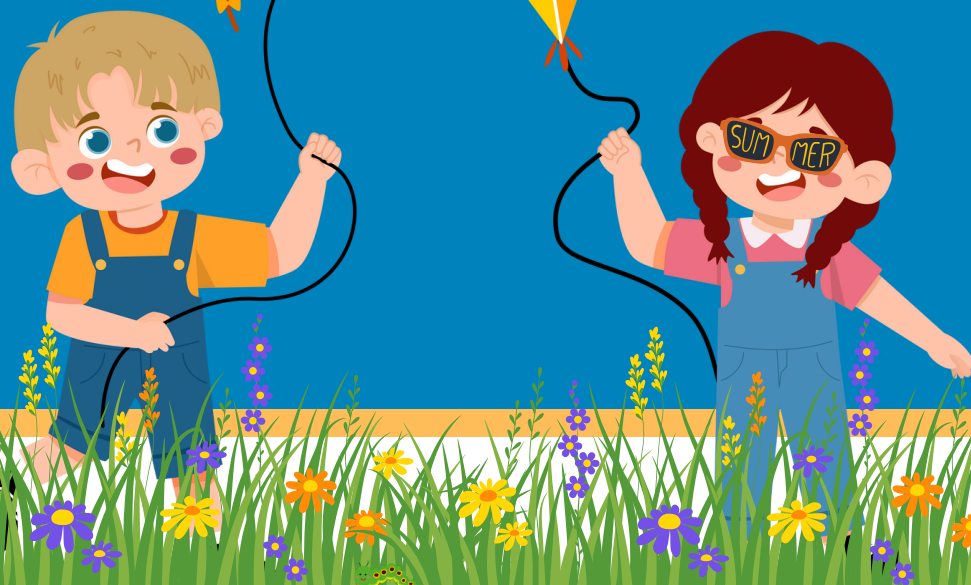


Sefton Family Hubs



Our Summer Timetable
Support. Grow. Thrive.



Sefton Family Hubs

Litherland Family Hubs

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1



5th August 2025

11am - 1pm
Magic-themed Craft
Day

Join us for magical
crafts



6th August 2025

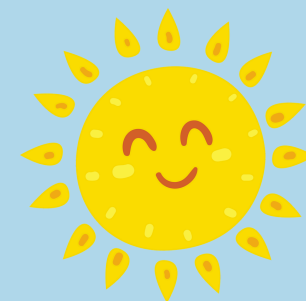
11am - 1pm
Sensory Workshop

Slime making,
bubble foam play,
gloop and moon
sand!

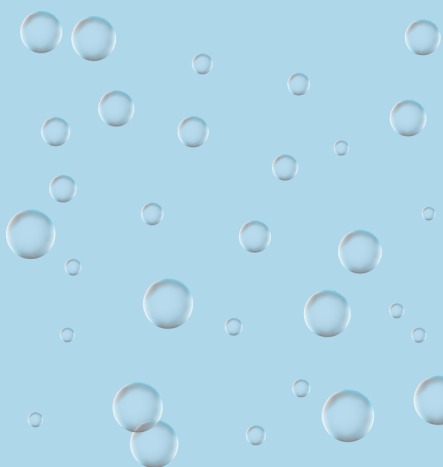
7th August 2025

11am - 3pm
DNA Magic Show - Be
wowed and amazed
with our magic man

Including lunch,
refreshments, arts &
crafts, and lots of fun
for all the family!



Week 2



12th August 2025

11am - 1pm
Nature Hunt

Be at one with nature
at our nature hunt



13th August 2025

11am - 1pm
Teddy Bears' Picnic

Bring your teddy for a
family picnic



14th August 2025

11am - 3pm
Mobile Farm
Come and meet our
farmyard friends

Including lunch,
refreshments, arts &
crafts, and lots of fun
for all the family!



Please contact Litherland Family Hub to book your place

Litherland Family Hub: Boudary Road, Litherland, L21 7LA | 0151 288 6661 | Netherton.FWC@sefton.gov.uk

Sefton Family Hubs

Litherland Family Hubs

Monday

Tuesday

Wednesday

Thursday

Friday

Week 3



19th August 2025

11am - 1pm
Arts, Crafts and
Creative Fun

Get creative and have
some fun!

20th August 2025

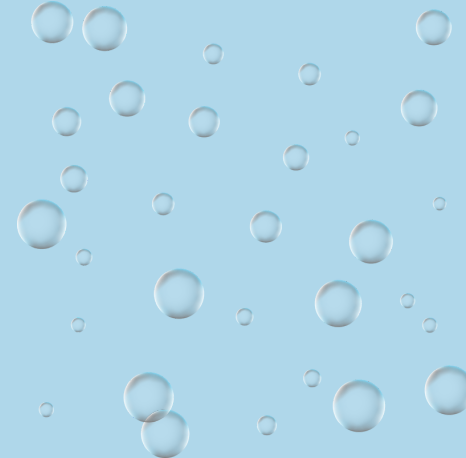
11am - 1pm
Bubble-themed Craft
Day

Fun-filled crafts day
with all things
bubbles!

21st August 2025

11am - 3pm
Bubble Man
Fantastic bubble tricks
and lots of fun!

Including lunch,
refreshments, arts &
crafts, and lots of fun
for all the family!



Week 4



26th August 2025

11am - 1pm
Summer Bingo

Eyes down and win
some prizes - join the
fun with bingo for
everyone!

27th August 2025

11am - 1pm
Summer Swap

Out with the old and
in with the new with
swap-tastic summer
fun!



28th August 2025

11am - 3pm
Summer Festival with
Circus Skills
Celebrate summer at
our festival day with a
fantastic circus show!

Including lunch,
refreshments, arts &
crafts, and lots of fun
for all the family!



Please contact Litherland Family Hub to book your place

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Marie Clarke

Litherland

Talbot

Week 1

Monday 4th August 2025
12:30pm - 3pm

Wellbeing Activities

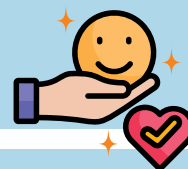
These sessions combine gentle walks with meaningful conversations, while exploring ways to relax, practice gratitude, and strengthen positive affirmations



Friday 8th August 2025
12:30pm - 3pm

Wellbeing Activities

These sessions combine gentle walks with meaningful conversations, while exploring ways to relax, practice gratitude, and strengthen positive affirmations



Week 2

Friday 15th August 2025
12:30pm - 3pm

Level Up Skills

Join us to build your independent living skills! Learn how to use a washing machine, cook a delicious lunch, pick up handy tips and tricks, and test your knowledge with fun quizzes

Monday 11th August 2025
12:30pm - 2pm

Wellbeing Activities

These sessions combine gentle walks with meaningful conversations, while exploring ways to relax, practice gratitude, and strengthen positive affirmations



Week 3



Friday 22th August 2025
12:30pm - 2pm

Level Up Skills

Join us to build your independent living skills! Learn how to use a washing machine, cook a delicious lunch, pick up handy tips and tricks, and test your knowledge with fun quizzes



Monday 18th August 2025
12:30pm - 3pm

Level Up Skills

Join us to build your independent living skills! Learn how to use a washing machine, cook a delicious lunch, pick up handy tips and tricks, and test your knowledge with fun quizzes



Sefton Family Hubs

5 Way to Wellbeing Free Family Activities
Litherland

Week 1

Tuesday 29th July
2025

Connect

10:30am - 12pm

Get to meet new friends make new connections and play fun team building activities

Week 2

Tuesday 5th August
2025

Be Active

10:30am - 12pm

Fun through sports and games

Week 3

Tuesday 12th August
2025

Take Notice

10:30am - 12pm

Take part in some mindful fun activities with lots of creativity

Week 4

Tuesday 19th August
2025

Keep Moving

10:30am - 12pm

Learn how to spell your name in sign language and learn how some creative activities

Week 5

Tuesday 26th August
2025

Give

10:30am - 12pm

Kindness is a super power. Create and make something for someone important to you



TALK & LISTEN,
BE THERE,
FEEL CONNECTED



DO WHAT YOU CAN,
ENJOY WHAT YOU DO,
MOVE YOUR HOOD



REMEMBER
THE SIMPLE
THINGS THAT
GIVE YOU JOY



EMBRACE NEW
EXPERIENCES,
SEE OPPORTUNITIES,
SURPRISE YOURSELF



Your time,
your words,
your presence



Please contact Litherland Family Hub to book your free place
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