

Sandbrook Short Term Assessment Unit.

Coproduction meeting – 24th May 2023.

Feedback from participants on the day.

Steve Metcalf provided a run through tonight's meeting / themes and a re-cap.

The group met in April – some good work around outcomes we would like to achieve from the building and the care and support provider who will be delivering the service.

We wanted to look at outcomes for individuals but did not have time, so decision made to dedicate this meeting to this theme.

Maybe look at hybrid model of these meetings as there have been some issues – more technology ideas needed due to sound etc.

A member of the group suggested having evening meetings online and daytime ones on hybrid – sound isn't good on previous meetings.

Discussions regarding future meetings and how they should / could be held – people will be asked.

Feedback - Service User Outcomes.

Individual Outcomes.

- Failed placements of family member – all they would like is to be happy and living the best quality life.

- Mindful not everyone has the same needs, and the care and support provider must be flexible in its approach.
- Household and budgeting skills needs to be an outcome – need help over correspondences for example.
- Outcome independent living skills pending on individual's needs.
- Mindful of placements already broken down when reach the Short-Term Assessment Unit (STAU).
- Needs of individuals may change on a daily basis and service provider must be able to adapt.
- Not everyone will be able to have independent living skills.
- Need to understand everyone's levels of needs through a multi-agency approach if needed.
- Also need to mindful on the fact lots of people with Asperger's Spectrum Disorder will agree to anything for a simple quiet life – then next day think differently.
- Asperger team need to constantly review people to understand.
- Service needs to be proactive and person centres but those needs change therefore the service needs to be flexible.
- When someone goes in the STAU it is purely temporary – individuals need to know this from the beginning including any family and or advocates.
- Managing and maintaining relationships –for example families / friends – encouraging friendships – how could we measure this as an outcome? For example, mediation?
- Having provider understand and know body language of individuals.

- If negative experience some individuals will switch off.
- Outcome focussed – enabling people to reach their full potential – person centred approach must be at the centre.
- Short term will be setting them up for their best life.
- A lot of individuals want to make friends but for some they do not want to mix with other people and not people with same disabilities.
- People must be accepted for who they are not what they are.
- Providers must get to know the individuals.
- Sefton should have a list of individuals who are still living with parents – lots of people will not be known to Adult Social Care who are parent carers – are Sefton going to do this?
- Questions for provider submissions; tell us how you will get to know this individual / tell us your innovation / what / how you will do this?
- Aspergers and autism teams must be involved with the service.
- 'I' Statements – discussion – some individuals cannot always express these.
- Health outcome – Annual Health Checks / register GPs / Dentist and accompanying when required / opticians / personal hygiene / independent living skills for example accommodation (fridges hygiene for example).
- Health – how can encourage good health / diet nutrition / individuals could be sensitive to smells / textures / cook safety and skills / meal preparation.
- Any health need should be addressed by the provider.

- Is there going to be a daily access to counselling session / therapy? – this is a question for our health colleagues – what would the pathway be?
- Is there a potential of a living will – views of parents for example if the person goes into crisis.
- Is your GP care is transferred if you go into care for example – would this happen if someone has been admitted into the Short-Term Assessment Unit? sometimes this is positive sometimes negative.
- Finances - Help with the Department for Work and Pensions (DWP)– is a nightmare for people especially with Autism – need assistance for individuals.
- Care and support providers outcome are key measures to reaching out to the Citizen's Advice Bureau (CAB) for example for support for benefits / income maximisation – Provider to have key contacts within the community DWP / CAB for example.
- Important to include things what makes people happy – connections that are meaningful to them – get the things that are important to the people is immensely important.
- Could the DWP come into the STAU for support with clients in the settings?
- If you have a really good provider, they are very helpful in filling out forms for the benefits – key measure for the provider.

Employment / Education / Training / volunteering.

- Provider must ensure opportunities are given to individuals. –
- On site mentors in any establishment helps people.
- Careful of mental stress on an individual.

- Link people in with local community for opportunities for example bistro in extra care.
- If a good provider, they will have links to colleges etc. the provider should have that knowledge – also mental health teams.
- Outcomes mental illness – providers its important they have mental health training for example bipolar / PBS / psychosis crisis.
- Build into spec Mental illness be more specific on what training is provided.
- Phycologists input.
- Providers got to be aware of their capabilities.