As you may be aware, the Government has set out a roadmap for the easing of Coronavirus restrictions over the next few months. In line with this, at Active Sefton we are completing our final preparations for re-opening the Leisure Centres

Please be aware, all phases of reopening will subject to the Government confirming the next step of the roadmap.

**Phase One - Week commencing 29th March 2021**

All outdoor sports pitches and courts at the following venues will re-open:

o Litherland Sports Park (0151 288 6288)

o Netherton Activity Centre (0151 525 5106)

o Dunes Splash World (01704 537 160)

To book any outdoor pitches or courts please contact your chosen centre directly via telephone (numbers above) from Monday 22nd March 2021. Phone lines will be open between Monday – Friday 9am – 4pm.

**Phase Two - Week commencing 12th April 2021**

All 6 Fitness Suites will re-open (Bootle Leisure Centre, Crosby Lakeside Adventure Centre, Dunes Splash World, Litherland Sports Park, Meadows Leisure Centre & Netherton Activity Centre)

We will be a running a mixture of bookable and open sessions. Check out our [website](https://www.activeseftonfitness.co.uk/centre-booking-slots) for session times

Bookable sessions can be booked [online](https://e-s-p.com/elitelive/selectsite.php) from Monday 5th April 2021 or by telephone between Tuesday 6th April – Friday 9th April 2021 (9am - 4pm) (numbers below)

Open sessions - please turn up to your chosen Leisure Centre during these set times.

All 3 main swimming pools (Bootle Leisure Centre, Dunes Splash World & Meadows Leisure Centre) will re-open for lane swimming (Learner / Small pools will remain closed).

We will be running bookable sessions to manage pool capacities. Check out our [website](https://www.activeseftonfitness.co.uk/centre-booking-slots) for session times

Sessions can be booked [online](https://e-s-p.com/elitelive/selectsite.php) from Monday 5th April 2021 or by telephone between Tuesday 6th April – Friday 9th April 2021 (9am - 4pm) (numbers below)

o Bootle Leisure Centre (0151 330 3301)

o Crosby Lakeside (0151 966 6868)

o Dunes Splash World (01704 537 160)

o Litherland Sports Park (0151 288 6288)

o Meadows Leisure Centre (0151 288 6727)

o Netherton Activity Centre (0151 525 5106)

Children’s swimming lessons will also resume. Anyone registered for this service will have received an e-mail from our Aquatics Service with more information.

The Lake at Crosby Lakeside Adventure Centre will reopen for activities (number above)

During Phase Two will we also be running live online exercise classes. The timetable for these will be released shortly, along with information on how to access.

**Phase Three - Week commencing 17th May 2021**

All indoor exercise classes will re-start. Further details will be sent out on these shortly, including updated class timetables.

**Direct Debits**

We will be starting Fitness Suite Direct Debit collections from 17th April 2021. Due to physical classes not recommencing until 17th May, all first payments will be 50% of normal fees. From 17th May 2021 all members Direct Debit payments will return to normal full fees.

All annual members will have the lost time added to their membership. Please [e-mail](mailto:retention@sefton.gov.uk) the retention team with your name, address and contact details and this will be processed.

To help minimise the spread of COVID-19 and to ensure the safety of yourself, other users and staff, we have introduced a list of member protocols that we ask you to follow on your return. You will find these on our [website](https://www.activeseftonfitness.co.uk/centre-booking-slots) and within your Leisure Centre.

Please make sure you keep checking the website and our social media channels (Activate Fitness, Active Sefton) for updated information.

We look forward to welcoming you back and for you to be able to re-start your training with us in confidence. If you have any queries, please do not hesitate to contact us via [e-mail](mailto:retention@sefton.gov.uk)

**Active Sefton**

**Member Protocols:**

If you are unwell or show any signs/symptoms of COVID -19, please do not enter the building and stay at home!

On entering and whilst present in one of our Active Sefton facilities please use the hand sanitisers provided.

We are encouraging all members and customers to wear a face mask within our Active Sefton facilities in all communal areas I.e. reception, hallways, toilets and changing rooms.

Please follow the directional floor markings.

Please adhere to social distancing at all times when using the centre.

Use the cleaning stations that have been set up to clean equipment before and after use.

The use of towels or sweat bands will not be permitted.

There will be no access to drinking water within the fitness suite, we therefore ask that you bring your own water bottle.

Swimming will be restricted to lane swimming only. Certain swimming strokes such as butterfly along with the use of swimming floats/equipment will not be permitted. Anyone seen splashing or not adhering to social distancing will be asked to leave. There will be no spectator seating.

No personal belongings can be left on the poolside at any time apart from the exception of medication.

We ask that you arrive swim or gym ready and shower at home to help reduce time spent in wet side changing facilities.

In line with government guidance for track and trace we will require all casual users entering the building to give in their details.Those unwilling to do so will not be allowed to enter the centre.

For the consideration of other users can you keep to your allocated time slot. Once your time slot is up can you please leave the venue as soon as possible.¬ This will allow us to keep to our designated cleaning schedules and allow other users to access their time slots on time.

If you have received a shielding letter please consult with your Doctor before exercising at one of our sites. If you are currently on our GP Referral programme please contact your Development Officer you have been assigned to before resuming any activity prescribed. By exercising in any of the Active Sefton Leisure centres you are doing so at your own risk. Sefton MBC DO NOT take responsibility from any and all losses, liabilities, injuries or damages resulting from any and all claims.

Active Sefton operates a 24 hour cancellation policy. Anyone who books a slot and does not attend or tries to cancel with less than 24 hour notice will not be issued a refund.

Anyone who does not adhere to social distancing measures or any of the protocols above will be asked to leave.