



Information for
children and
young people



Voluntary Independent
Visiting and Advocacy

Sefton Council 

Independent Visiting



What is an Independent Visitor?

An Independent Visitor is a grown-up who wants to spend time with you.

Who will be my Independent Visitor?

An Independent Visitor will be someone who likes to do the things you like to do. You can pick who you would like your Independent Visitor to be.

What activities will my Independent Visitor do with me?

Your Independent Visitor will do things you like to do. You can choose!

This could be

- Football
- Dancing
- Swimming
- Going to the cinema
- Bowling
- Going for days out

You can also just have a chat if that is what you want to do. You can talk to your Independent Visitor if there is anything that is worrying you or you don't understand.



When will I see my Independent Visitor?

Your Independent Visitor can come and see you every few weeks to take you out. It is up to you if you want to see your Independent Visitor. Other grown-ups will check that you are happy to see your Independent Visitor.

If you don't want to see your Independent Visitor any more, you can tell the people who look after you.



If you would like an Independent Visitor or would like to find out more about this service you can speak to the person who looks after you, or your social worker.

You can also contact:

Cheryl Yates

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