

Care and Support Provider Update: 14th April 2020 – Annex

Preventing Skin Damage underneath PPE

[Publications approval reference: 001559](#)



Helping prevent facial skin damage beneath personal protective equipment

9 April 2020

Ensure you have been correctly fitted for the equipment that your organisation uses.

Always follow the [guidelines](#) for donning and doffing.

It is recommended that you keep your skin clean and well hydrated/moisturised – apply creams at least 30 minutes before applying PPE.

Consider use of a barrier skin wipe/skin protectant if you are likely to be wearing PPE for extended periods. This will not protect your skin from over-tightening but may protect it from increased moisture. Check the barrier product does not build up residue under the mask.

Take time to fit your mask before starting a clinical consultation. Ensure all folds in your mask have been used to optimise the correct fit for you and do not over-tighten. If you feel your mask is digging in, move away from direct patient contact, remove the mask using doffing guidance and allow the skin to recover for approximately five minutes. Replace your mask with a new one ensuring a good fit.

Regularly inspect your skin for signs of redness/soreness.

It is important that you take regular breaks (we recommend every two hours) from wearing a mask to relieve the pressure and reduce moisture build-up. Where possible, rotate in teams where FFP3 can be removed between clinical shifts. This will help allow the skin time to recover.

Stay well hydrated throughout the day.

Caution: Skin protectants and emollients with white soft paraffin are flammable. You are advised not to smoke with them present on your skin.

NHS England and NHS Improvement



Care Homes Smart Phones

CARE PROVIDER NHSMail SIGN UP FORM

Provider information – Please complete all fields below	
Organisation Type:	Social Care
Social Care Site name:	
Name of Town: (Max 11 characters)	
ODS Site Code: https://odsportal.hscic.gov.uk/Organisation/Search	
User information Please complete the information below for <u>2 staff members</u> in your service.	

	First Name	Surname	Role	Current/ personal e-mail address	Current/ personal mobile number	shared mailbox access type (member/ owner)
Shared Mailbox Owner						
User						

AccuRx – Join a Video Consultation

This Quick Reference Guide explains how to join a AccuRx video consultation sent by a clinician

Quick Reference Guide

When the clinician is ready to start the video consultation they will send a text message with a link.

Dear Mrs Power,
I'm ready to start our
consultation via video.
You need internet on
your phone. Please
enable audio and video.
You MUST press the
'Join meeting' button,
and wait for me to
connect.
Thanks, Dr Flynn
Please click the link to
begin: [https://
accurx.wherby.com/
6086c4e2-2c69-4037-
b641-bb299966a1e4?
display/Name=Patient&
not=off](https://accurx.wherby.com/6086c4e2-2c69-4037-b641-bb299966a1e4?display/Name=Patient¬=off)
The Accurx Practice

- Click on the [link](#)

The following screen will display:



When the browser opens there may be a screen displayed requesting permissions to enable the camera and microphone.

- Click [Request Permissions](#)

"nhs.wherby.com" Would
Like to Access the
Microphone and Camera
[Cancel](#) [Allow](#)

- Click [Allow](#)

DoLS COVID-19 Decision-making flowchart

The Mental Capacity Act (2005) (MCA) and Deprivation of Liberty Safeguards (DoLS) During the Coronavirus (COVID-19) Pandemic

Annex A: Decision-making flow chart for decision makers in hospitals and care home

