Care and Support Provider Update: 14th April 2020 - Annex

Preventing Skin Damage underneath PPE

Publications approval reference: 001559



Helping prevent facial skin damage beneath personal protective equipment

9 April 2020

Ensure you have been correctly fitted for the equipment that your organisation uses.

Always follow the guidelines for donning and doffing.

It is recommended that you keep your skin clean and well hydrated/moisturised – apply creams at least 30 minutes before applying PPE.

Consider use of a barrier skin wipe/skin protectant if you are likely to be wearing PPE for extended periods. This will not protect your skin from over-tightening but may protect it from increased moisture. Check the barrier product does not build up residue under the mask.

Take time to fit your mask before starting a clinical consultation. Ensure all folds in your mask have been used to optimise the correct fit for you and do not over-tighten. If you feel your mask is digging in, move away from direct patient contact, remove the mask using doffing guidance and allow the skin to recover for approximately five minutes. Replace your mask with a new one ensuring a good fit.

Regularly inspect your skin for signs of redness/soreness.

It is important that you take regular breaks (we recommend every two hours) from wearing a mask to relieve the pressure and reduce moisture build-up. Where possible, rotate in teams where FFP3 can be removed between clinical shifts. This will help allow the skin time to recover.

Stay well hydrated throughout the day.

Caution: Skin protectants and emollients with white soft paraffin are flammable. You are advised not to smoke with them present on your skin.

NHS England and NHS Improvement



Care Homes Smart Phones

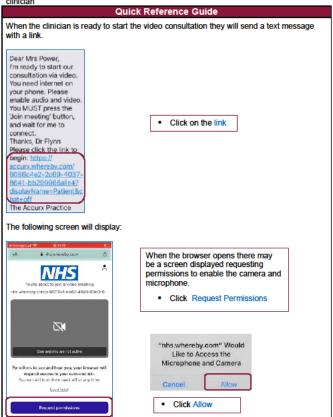
CARE PROVIDER NHSMAIL SIGN UP FORM

Provider information – Please complete all fields below				
Organisation Type:	Social Care			
Social Care Site name:				
Name of Town: (Max 11 characters)				
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User information Please complete the information below for <u>2 staff members</u> in your service.				

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Shared Mailbox Owner						
User						

AccuRx — Join a Video Consultation

This Quick Reference Guide explains how to join a AccuRx video consultation sent by a clinician



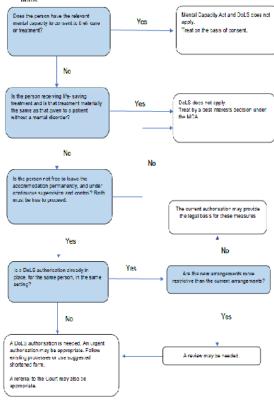
AccuRx – Join a Video Consultation QRG V1.0 Date of Approval: 9 April 2020

Page 1 of 2 Next Review Date: 9 April 2021

DoLs COVID-19 Decision-making flowchart

The Mental Capacity Act (2015) (MCA) and Deprivation of Liberty Safeguards (DoLS) During the Coronavirus (COVID-19) Pandemic

Annex A: Decision-making flow chart for decision makers in hospitals and care home



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