



Benefits Advice Team. Help with Benefits in Sefton.



Welfare Rights - Get support to claim
the benefits you need.

Help with Benefits



Many people find benefits hard to understand. This means a lot of money is not claimed each year.

Sefton Council helps people get the benefits they should have.



Sefton's **Benefit Advice Team** is made up of trained advisers. They help people in Sefton for free. The service is private and safe.

The team can help with:



- Checking which benefits you can claim.
- Help fill in forms (but not Universal Credit).
- Help if you disagree with a benefit decision.
- They can help you understand how going back to work might change your money. They do this with "better-off" sums.

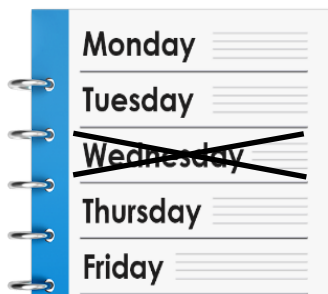




They give advice about Universal Credit. But for help with filling in Universal Credit forms, contact Sefton Citizens Advice Bureau.

Welfare Rights Advice Line

The **Welfare Rights Advice Line** is open from 10:00 am to 12:30 pm on:



- Monday
- Tuesday
- Thursday
- Friday

It is **closed on Wednesdays**.

You can have a face-to-face meeting in



- Bootle
- Waterloo
- Southport

These meetings are by appointment only.



To book an appointment, call the Welfare Rights advice line or email the Welfare Rights Team.



Contact Details

Welfare Rights Advice Line

To speak to someone for further advice about welfare benefits or book a face to face appointment:

Telephone: 0151 934 3660

Email:

welfarerights.advice@sefton.gov.uk

For more information visit [Sefton Council's Benefit Advice Team webpages](#)



Or scan the QR code to go to the Benefit Advice Team webpages.



For help claiming Universal Credit please contact Sefton's Citizens Advice

[Visit Sefton Citizens Advice website](#)



Universal Credit Helpline

Freephone 0800 144 8444

Monday to Friday. 8am – 6pm