



Our Partners.



We work with different organisations who help children and young people to be happy and healthy. They are our partners.



The different partners are:

- 0-19 service.
- Active Sefton
- Kooth.
- Rise Up.
- Sexual Health.
- Smokefree Sefton.



Below is a brief description about what the partners do. Click on their names to go to their website.



0-19 service: Run by Mersey Care NHS Foundation Trust. This includes **School Nurses** and **Health Visitors**.



Active Sefton: They use sport and physical activity to help people with their mental health and weight management.



Kooth: This is an online service for those who struggle with their mental health.



Rise Up

Sefton

Rise Up: They give advice and support to help those who have issues with alcohol/drugs.



**Sefton
Sexual Health
Service**

Sexual Health: Run by Sefton Sexual Health Service. They give advice and support on relationships and sex education.



Smokefree Sefton: They give advice and support to help stop smoking and vaping.