

How to refer.



To get the right help, there is an online form that needs to be completed.



This can be completed by:

- A parent or carer.
- A professional such as a teacher, nurse, doctor or social worker.
- A young person under the age of 18.
- A young person with SEND under the age of 25.



If you need to speak to someone from Happy 'n' Healthy about the referral form, go to the **Contact us** page.