

What's your swimming style?

Find the right swim session for you



Bootle: Main Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00am-11.00am Public Swim	7.00am-10.00am Public Swim	7.00am-10.00am Public Swim	7.00am-11.00am Public Swim	7.00am-7.00pm Public Swim	12.30pm-3.30pm Swim & Splash *	9.00am-12.30pm Public Swim
	10.00am-11.00am £1 Swim (60+)	10.00am-11.00am £1 Swim (60+)		10.00am-11.00am £1 Swim (60+)		12.30am-3.30pm Swim & Splash # *
11.00am-12.00pm Calm Waters		11.00am-12.00pm Calm Waters	11.00am-12.00pm Calm Waters	11.00am-12.00pm Swim Confidence		
12.00pm-6.45pm Public Swim	11.00am-7.00pm Public Swim	11.00am-7.00pm Public Swim	12.00pm-6.00pm Public Swim			
	4.00pm-6.00pm £1 Swim (u16)	4.00pm-6.00pm £1 Swim (u16)	6.00pm-7.00pm Calm Waters	4.00pm-6.00pm £1 Swim (u16)		
7.00pm-8.00pm Calm Waters	7.00pm-8.00pm Swim Fit (Adults)	7.00pm-8.00pm Learn to Kayak	7.00pm-8.00pm Aqua Aerobics	7.00pm-8.00pm Swim Fit (Adults)		
8.00pm-9.00pm Adult Only	8.00pm-9.00pm Aqua Aerobics	8.00pm-9.00pm Adult Only	8.00pm-9.00pm Adult Only	8.00pm-9.00pm Adult Only	<i>*Subject to change based on private party bookings</i>	<i># New for 2018 Inflatable Fun</i>
						<i>1st Sunday of the month 12.30-1.15</i>

Bootle: Leisure Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5.00pm-8.00pm Public Swim	5.00pm-8.00pm Public Swim	5.00pm-8.00pm Public Swim	5.00pm-8.00pm Public Swim	5.00pm-8.00pm Public Swim	9.00am-3.30pm Public Swim	9.00am-3.30pm Public Swim
	5.00pm-6.00pm £1 Swim (u16)	5.00pm-6.00pm £1 Swim (u16)		5.00pm-6.00pm £1 Swim (u16)		

Flume open Mon - Fri 5pm - 7.30pm and Sat- Sun 12pm - 3pm (subject to change)

Non-members can now join our new registration scheme.

Join free at sefton.gov.uk/getin

Your pool. Get in!

active sefton

